

#afochvuidraufgehn

| MONTAG | DIENSTAG | MITTWOCH | DONNERSTAG | FREITAG | SAMSTAG |
|-----------------------------|----------|----------|-----------------------------|---------|---|
| 9.00 - 10.00 FIT & VITAL | | | 9.00 - 10.00 FIT & VITAL | | 9.00 - 10.00 HIB / BURNBELL FITNESS |
| | | | | | 10.00 - 11.00 CROSS FIT |

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|-------|---------------------------------|-----------------------------------|------------------------------|-----------------------------------|-----------------------------------|--|
| 16.00 | 16.00 - 17.00 KIDS ATHLETICS | 16.00 - 17.00 KIDS ATHLETICS | | 16.00 - 17.00 KIDS ATHLETICS | 16.00 - 17.00 CROSS FIT | OPENING HOURS RAW - FREIES TRAINING MONTAG - SONNTAG 6:00 - 22:00 UHR |
| 17.00 | 17.00 - 18.00 CROSS FIT | 17.00 - 18.00 CROSS FIT | 17.00 - 18.00 CROSS FIT | 17.00 - 18.00 CROSS FIT | 17.00 - 18.00 CROSS FIT | |
| 18.00 | 18.00 - 19.00 CROSS FIT | 18.00 - 19.00 CROSS FIT | 18.00 - 19.00 CROSS FIT | 18.00 - 19.00 CROSS FIT | | |
| 19.00 | 19.00 - 20.00 SWEAT | 19.00 - 20.00 BURNBELL FITNESS | 19.00 - 20.00 ENDURANCE X | 19.00 - 20.00 CROSS FIT | 18.30 - 19.30 G'SCHEITS DEHNEN | |
| 20.00 | | | | 20.00 - 21.00 BURNBELL FITNESS | | |