

#afochvuidraufgehn



	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
6.30	6.30 - 7.30 CROSSFIT*	6.30 - 7.30 CROSSFIT*	6.30 - 7.30 CROSSFIT*	6.30 - 7.30 CROSSFIT*	6.30 - 7.30 CROSSFIT*	
9.00	9.00 - 10.00 FIT & VITAL			9.00 - 10.00 FIT & VITAL		9.00 - 10.00 CROSSFIT METCON
						10.00 - 11.00 CROSSFIT
16.00						OPENING HOURS RAW - FREIES TRAINING MONTAG - SONNTAG 6:00 - 22:00 UHR
17.00	17.00 - 18.00 CROSSFIT	17.00 - 18.00 CROSSFIT / KIDS ATHLETICS	17.00 - 18.00 CROSSFIT	17.00 - 18.00 CROSSFIT	16.30 - 17.30 CROSSFIT / KIDS ATHLETICS	
18.00	18.00 - 19.00 CROSSFIT	18.00 - 19.00 CROSSFIT	18.00 - 19.00 CROSSFIT	18.00 - 19.00 CROSSFIT	17.30 - 18.30 CROSSFIT	
19.00	19.00 - 20.00 CF ENDURANCE	19.00 - 20.00 CROSSFIT METCON	19.00 - 20.00 CF ENDURANCE	19.00 - 20.00 CROSSFIT METCON	18.30 - 19.30 G'SCHEITS DEHNEN	

* Coming soon

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